

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	7-3.30	7-3.30	RD	RD	7-3.30	7-4	7-4
WEEK 2	RD	RD	7-3.30	7-3.30	7-3.30	RD	RD
WEEK 3	7-3.30	7-3.30	7-3.30	7-3.30	7-3.30	RD	RD
WEEK 4	9.30-6	9.30-6	9.30-6	9.30-6	9.30-6	RD	RD
WEEK 5	7-3.30	7-3.30	7-3.30	7-3.30	7-3.30	RD	RD

ISO SHIFT PATTERN

Lunch Breaks are 30mins