

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	0700-1700	0700-1700	1200-2200	1200-2200	RD	RD	RD
Week 2	RD	0700-1700	0700-1700	1200-2200	1200-2200	RD	RD
Week 3	RD	RD	0700-1700	0700-1700	1200-2200	1200-2200	RD
Week 4	RD	RD	RD	0700-1700	0700-1700	1200-2200	1200-2200
Week 5	RD	RD	RD	RD	0700-1700	0700-1700	1200-2200
Week 6	1200-2200	1100-2200	RD	RD	RD	0700-1700	0700-1700
Week 7	1200-2200	1200-2200	1100-2200	RD	RD	RD	0700-1700
Week 8	0700-1700	1200-2200	1200-2200	1200-2200	RD	RD	RD

